

FASTING PLANNING AND PURPOSE SHEET

What is my purpose in fasting-----

What fast will I choose-----

When will I fast & for how many days-----

Who will I ask to fast with me (accountability)-----

My personal needs for fasting are

(1) For intimacy and relationship with God.

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My Church needs are

To be able to draw to the Church and Jesus, those that don't know Him

those that are disconnected to Him, for us to have the ability to connect them to Jesus.

Other needs are

God being my strength and Grace being my basis, I commit myself to the above fast.
